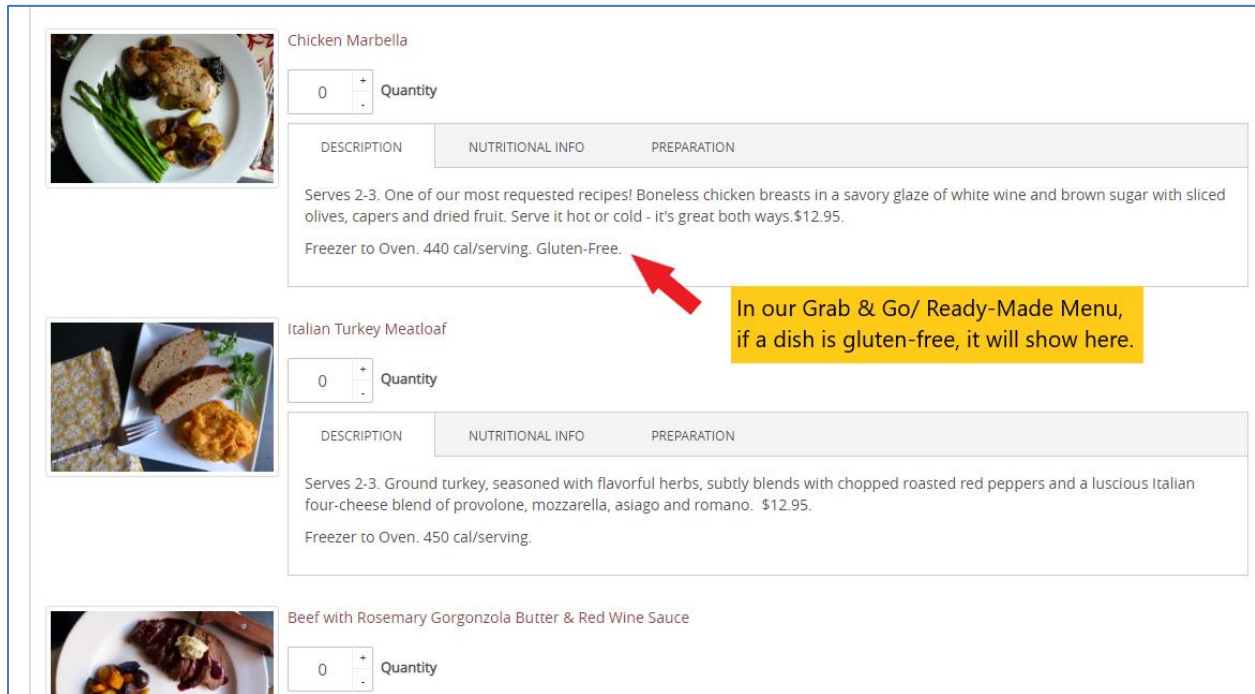


# Gluten-Free at Dinner Done!

## GRAB & GO DISHES (READY-MADE)

To see what Grab & Go entrees we have available that are gluten-free, view the Grab & Go/Ready-Made Menu in our online store: *Store -> Place Pickup or Delivery Order -> Grab & Go / Ready Made Menu*. If a dish is gluten-free, it will indicate this in the description.



**Chicken Marbella**

0 Quantity

DESCRIPTION NUTRITIONAL INFO PREPARATION

Serves 2-3. One of our most requested recipes! Boneless chicken breasts in a savory glaze of white wine and brown sugar with sliced olives, capers and dried fruit. Serve it hot or cold - it's great both ways. \$12.95.

Freezer to Oven. 440 cal/serving. **Gluten-Free.**

**Italian Turkey Meatloaf**

0 Quantity

DESCRIPTION NUTRITIONAL INFO PREPARATION

Serves 2-3. Ground turkey, seasoned with flavorful herbs, subtly blends with chopped roasted red peppers and a luscious Italian four-cheese blend of provolone, mozzarella, asiago and romano. \$12.95.

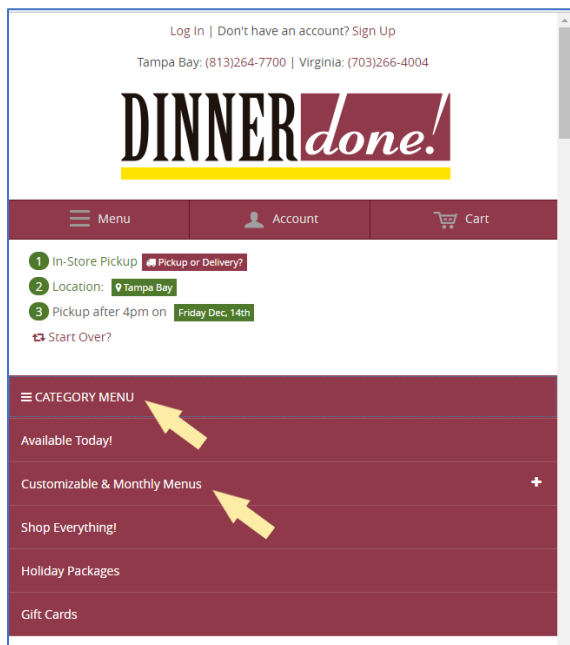
Freezer to Oven. 450 cal/serving.

**Beef with Rosemary Gorgonzola Butter & Red Wine Sauce**

0 Quantity

## CUSTOMIZABLE DISHES (MADE TO ORDER)

Each month we also have about 15 entrees that are “customizable” or made-to-order. Our Petite and Family-Sized Customizable Menus can be viewed in the “*Customizable & Monthly Menus*” area of our online store. In the “Nutritional Info” area of each customizable entrée, it will indicate if a dish can be made gluten-free or not. Gluten-Free is almost always an option.



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Tampa Bay: (813)264-7700 | Virginia: (703)266-4004

# DINNER done!

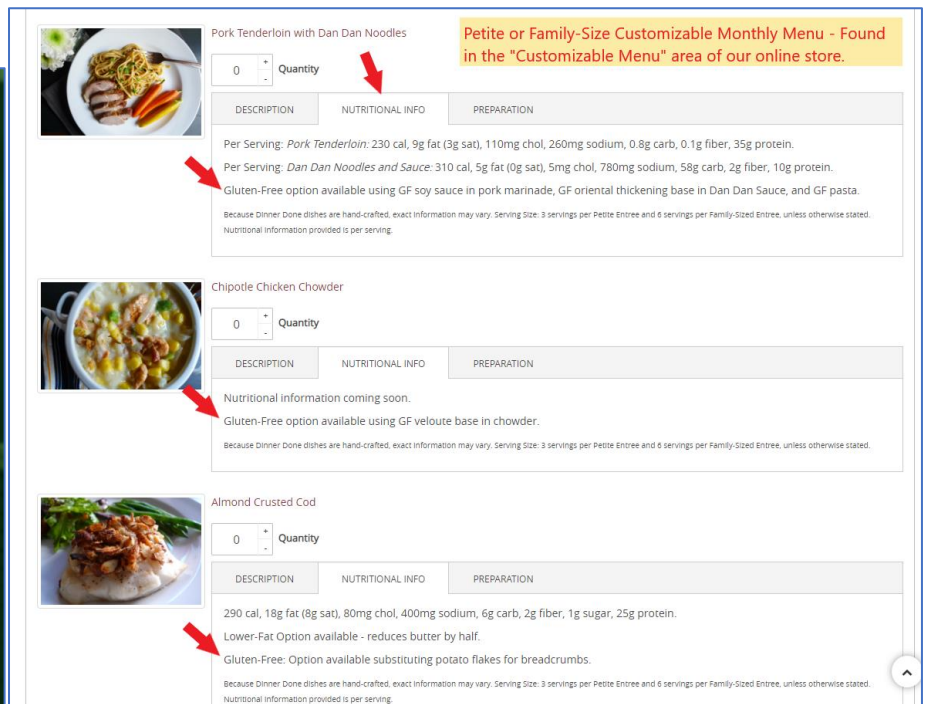
Menu Account Cart

- In-Store Pickup Pickup or Delivery?
- Location: Tampa Bay
- Pickup after 4pm on Friday Dec, 14th

Start Over?

CATEGORY MENU

- Available Today!
- Customizable & Monthly Menus
- Shop Everything!
- Holiday Packages
- Gift Cards



**Pork Tenderloin with Dan Dan Noodles**

0 Quantity

DESCRIPTION NUTRITIONAL INFO PREPARATION

Per Serving: *Pork Tenderloin*: 230 cal, 9g fat (3g sat), 110mg chol, 260mg sodium, 0.8g carb, 0.1g fiber, 35g protein.  
Per Serving: *Dan Dan Noodles and Sauce*: 310 cal, 5g fat (0g sat), 5mg chol, 780mg sodium, 58g carb, 2g fiber, 10g protein.

Gluten-Free option available using GF soy sauce in pork marinade, GF oriental thickening base in Dan Dan Sauce, and GF pasta.

*Because Dinner Done dishes are hand-crafted, exact information may vary. Serving Size: 3 servings per Petite Entree and 6 servings per Family-Sized Entree, unless otherwise stated. Nutritional information provided is per serving.*

**Chipotle Chicken Chowder**

0 Quantity

DESCRIPTION NUTRITIONAL INFO PREPARATION

Nutritional information coming soon.

Gluten-Free option available using GF veloute base in chowder.

*Because Dinner Done dishes are hand-crafted, exact information may vary. Serving Size: 3 servings per Petite Entree and 6 servings per Family-Sized Entree, unless otherwise stated.*

**Almond Crusted Cod**

0 Quantity

DESCRIPTION NUTRITIONAL INFO PREPARATION

290 cal, 18g fat (8g sat), 80mg chol, 400mg sodium, 6g carb, 2g fiber, 1g sugar, 25g protein.

Lower-Fat Option available - reduces butter by half.

Gluten-Free: Option available substituting potato flakes for breadcrumbs.

*Because Dinner Done dishes are hand-crafted, exact information may vary. Serving Size: 3 servings per Petite Entree and 6 servings per Family-Sized Entree, unless otherwise stated. Nutritional information provided is per serving.*

As always, don't hesitate to call (813.264.7700) or email [getcooking@dinnerdone.com](mailto:getcooking@dinnerdone.com) if we can be of assistance!